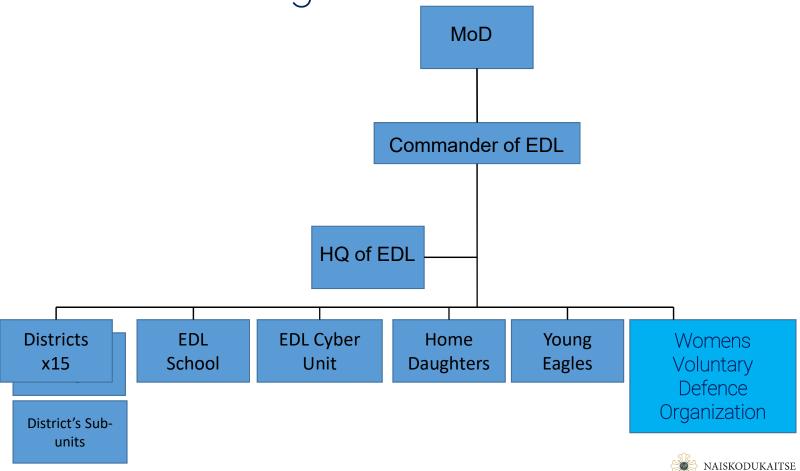
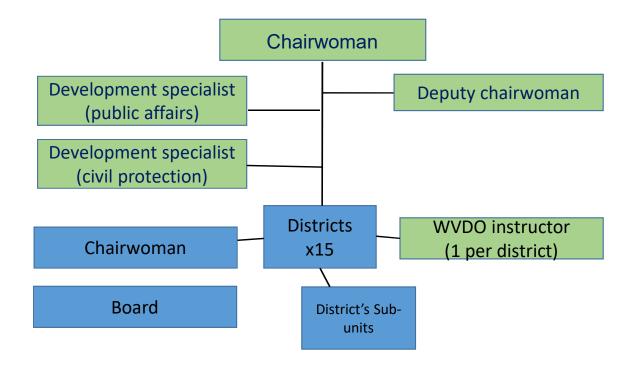
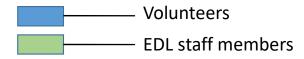
# Estonian Defence League



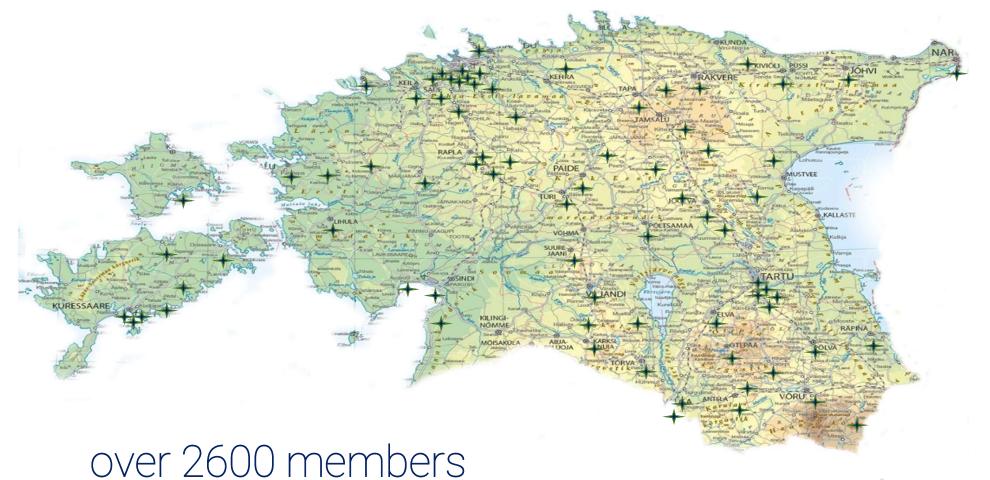
## Womens Voluntary Defence Organization







#### All around Estonia



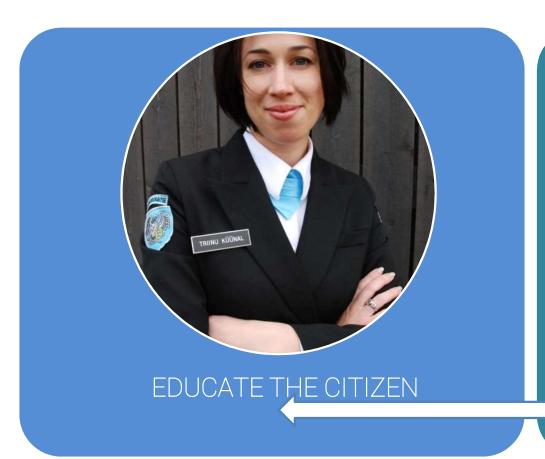


# Possibility for women to contribute to national defence – on a voluntary basis





#### NATIONAL DEFENCE







#### WOMEN'S VOLUNTARY DEFENCE ORGANIZATION

MILITARY DEFENCE

Every member of WVDO can have a position in EDL military units.

There are over 700 WVDO member who have chosen a task in these units

2 COMPREHENSIVE NATIONAL DEFENCE

Evacuation teams, civil defence affairs (courses, app), We Salute! campaing to support veterans, youth work, co-operation with Rescue Board and Police and Boarder Guard

3 COMMUNITY MEMBER

Member of WVDO with skills and knowledge of Basic training is able to cope in all situations and different crises but also helps others to do so. Willing to take initiative and responsibility in all stages of crises. Empowerment of women!

WVDO = over 2600 contributers to national defence, They are self acting and well coping in different emergancy situations



#### TRAINING

### Study of the organization

- · Basic knowledge of the national defence system
- Structure of the organization and options and possibilities to contribute

#### First aid

- · Life saving first aid
- Self preserving first aid, casuality treatment

#### Field catering

- · Operation of field stove/kettle, principals of food handling, rules of hygiene
- Menu and calculation

#### Basic soldier skills

- Handling of weapons, personal camoflauge, tactical soldier moves
- · Navigationd, procedures of radio and communication

#### Civil protection course

- Rules of action in different emergency situations, emergency stock and preparedness
- Self defence in cyber environment, protection of home and property, fire safety, armed conflict, blast and collapses, physical self defence, going to nature, regulations and resources



#### TRAINING

Military training

- · Soldier Basic course
- Squad leader course
- Coy leader course
- Etc.

Speciality courses

- Military
- Non-military

Refreshment and addittional courses

• In the field of their speciality

Practical exercise

• In the field of their speciality

Lifelong learning Continuous training







# CIVIL PROTECTION crises CITIZEN stay informed SAFETY PRECAUSIONS PLAN safety guide emergency stock you can do it, you will handle it PREVENT PREPARE SOLVE





#### CIVIL DEFENCE MOBILE APPLICATION





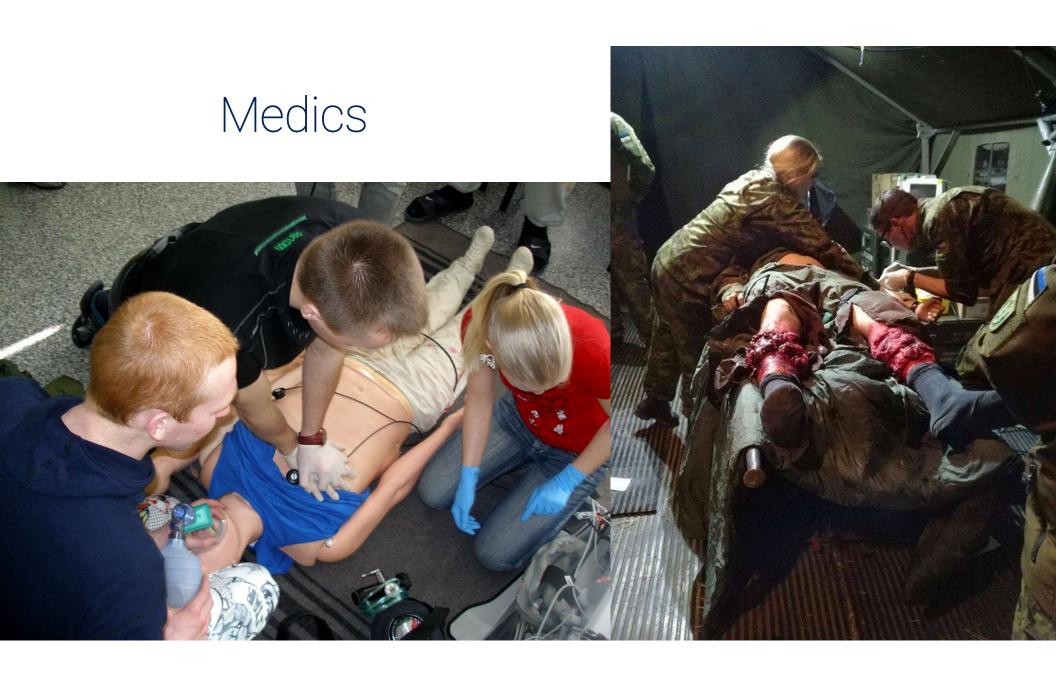












## Field catering



# Field catering



# Signaling and staff assistants





## Youth leaders





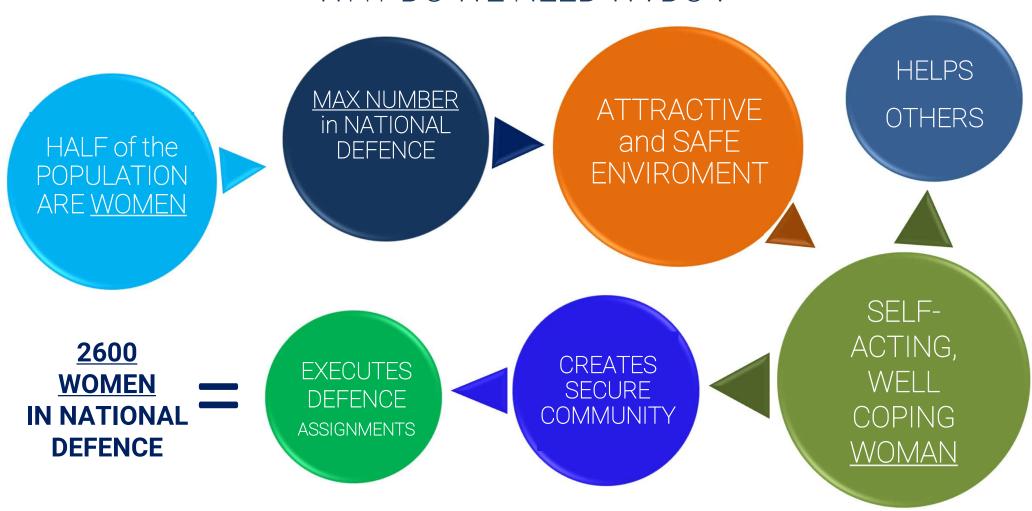
#### SPORTS







#### WHY DO WE NEED WVDO?



# Thank you for your attention! Questions?

#### HELEN ALLAS

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